



PRO-ACTIVELY MANAGE YOUR HEALTH TO
**REDUCE YOUR RISK
OF GETTING CANCER**

Cancer is among the leading causes of death worldwide. In 2022, there were 9.7 million cancer-related deaths worldwide. By 2040, this number is expected to rise to 15.3 million.

The good news is that an increasing number of cancer patients are surviving the disease thanks to awareness, education, early detection and healthier lifestyles while improved treatment schedules have fewer life-threatening side effects.

The AECI Medical Aid Society offers members several benefits to detect any signs of cancer, major medical Hospital Benefits for treatment as well as personalised care and support via the Oncology Disease Management programme. To ensure the best health outcomes for you and your beneficiaries, please take advantage of the screenings and vaccines available to you.



**PREVENTATIVE
BENEFITS**



Mammogram: One per female beneficiary 50 years and older per year.



Colorectal screening and/or faecal occult blood test: One per beneficiary 50 years and older per year.



Prostate specific antigen test (PSA): One test per male beneficiary over the age of 45 per year.



Pap smear or Liquid Based Cytology: One pap smear or one cytology test per female beneficiary over the age of 25 years every 3 years or annually for HIV-positive beneficiaries.



Human Papilloma Virus (HPV) vaccine: Two doses per beneficiary between 9 and 14 years and 3 doses per beneficiary between 15 and 26 years.

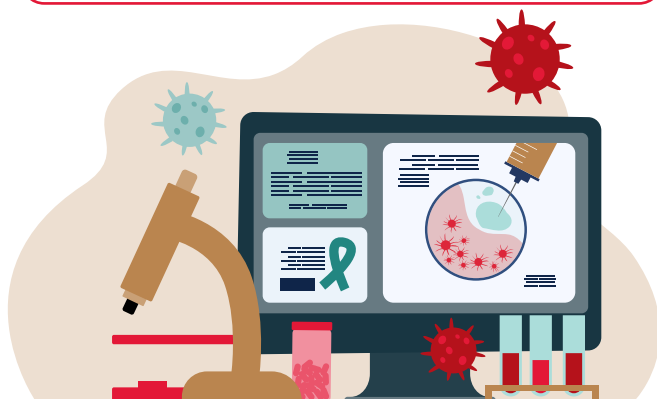


**HOSPITAL AND
MAJOR MEDICAL**

- **COMPREHENSIVE** **COMPREHENSIVE SELECT**
Unlimited
- **VALUE** R154 000 per beneficiary

ONCOLOGY SPECIALISED DRUGS

- **COMPREHENSIVE** **COMPREHENSIVE SELECT**
R154 000 per family
- **VALUE** R78 000 per family



**REGISTER FOR THE ONCOLOGY PROGRAMME
IF YOU HAVE BEEN DIAGNOSED WITH CANCER**

STEP 1: Call **0860 100 572** or email cancerinfo@medscheme.co.za to register on the programme. Please have the following information handy:

- Your membership number
- The beneficiary's details
- Your doctor's details, including practice number

STEP 2: Once you and your team of doctors agree on a treatment plan, ask your doctor to forward your treatment plan to cancerinfo@medscheme.co.za, as oncology treatment is subject to pre-authorisation and case management.

STEP 3: Once we receive your treatment plan, an oncology case manager will be assigned to you to handle your case.



**ALWAYS CONSULT WITH YOUR DOCTOR IF YOU
NOTICE ANY WORRYING SIGNS, INCLUDING:**

- Abnormal periods or pelvic pain
- Changes in bathroom habits
- Bloating
- Breast changes
- Chronic coughing
- Chronic headache
- Difficulty swallowing
- Excessive bruising
- Frequent fevers or infections
- Oral changes
- Skin changes
- Pain that lasts
- Persistent fatigue
- Postmenopausal bleeding
- Stomach pain or nausea
- Unexplained weight loss

REDUCE YOUR RISK:



Eat a healthy diet



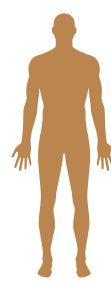
Be physically active



Don't smoke



Have regular checkups



Look for any changes to your body



Have annual screening tests

It's vital to identify cancer as early as possible. Take pro-active steps to reduce your risk by having annual screenings and the HPV vaccine offered by the Society. With early diagnosis and treatment, many cancers can be cured.

NEED HELP? Contact your Scheme for any benefit-related queries you may have.

0860 002 103 | @aecisociety@medscheme.co.za